

Guidelines for Everyday Life



Be Calm...

Quiet...

Tranquil....

Nurture the gifts that God gives you.

Stay close to your family.



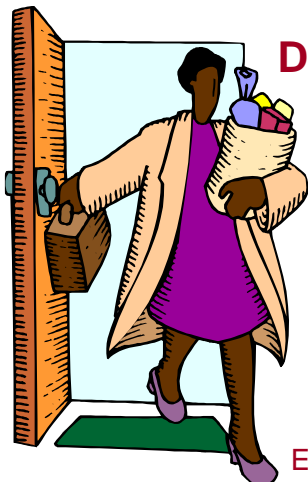
Explore the world around you.



Savor the soothing rhythm of the waves.

Watch the moon rise.

Spread your wings and take off on your own.



Delight in the happiness of coming home because life is short.



Life is SHORT!!